

Arkansas SMP Volunteers In Action

Editor: Dee Edwards,
SMP Volunteer Coordinator

SMP VIA Newsletter Mission:

Sunflowers symbolize adoration, loyalty and longevity.
To showcase the wisdom, skills, and talents of SMP volunteers and encourage, strengthen and promote unity among our volunteer team members.

Count

Count your blessings instead of your crosses
Count your gains instead of your losses
Count your joys instead of your woes
Count your friends instead of your foes
Count your smiles instead of your tears
Count your courage instead of your fears
Count your full years instead of your lean
Count your kind deeds instead of your mean
Count your health instead of your wealth
Count on God instead of yourself

Your Blessings



Just a Note...

During the month of November we always remember the things we should be 'thankful' for..

We could not let this month pass by without saying how much we appreciate those volunteers who pressed on through the throws of this pandemic and kept right on volunteering!



Dee Edwards

The face of volunteering as a whole may have changed during this time, but the passion of those volunteers who have been making calls, giving virtual presentations, and passing out information has remained the same.

We give KUDOS to you the faithful few...

All of our volunteers are priceless...without you SMP would not be able to reach out to the seniors in Arkansas. You are the ones who have made our program what it is today!

We wanted to take this time and say a great big THANK YOU!!!

Attention SMP Volunteers:

Remember to share *this information with friends, family, and neighbors* to receive volunteer credit! Simply keep track of the number of calls you made and how long it took you. Call SMP to report your time and how much fun it was to keep in touch!

Scammers watch the current headlines for hot topics to target senior citizens. We at SMP ask that you:

- Do not give out your Medicare number, Social Security number, or personal information in response to unsolicited calls or emails.
- Be suspicious of anyone offering free services or Durable Medical Equipment (DME) like back braces in exchange for your Medicare number.
- Do not respond to ads on Facebook offering free DNA/cancer or coronavirus screening. These are scams! Do not respond to any ads on social media.
- Do not give personal information to anyone who calls on the phone; robo calls and robo text messages are designed to steal your personal information and your identity!
- Beware of insurance scams during this open enrollment period. Cold callers disguised as Medicare agents promise seniors the moon just to sign them up!
- Protect yourself from potential Medicare fraud by reading your Medicare Summary Notice (MSN) or Explanation of Benefits (EOB), and report anything that looks suspicious.
- Pass this information on to your friends, family, and loved ones.
- Call SMP at 866-726-2916. We are here to help with your questions and to accept reports of potential fraud and errors.



SMP TRUSTS ME!

—by Edith Brown, SMP Volunteer

I am thankful for the gift of life and the breath that sustains that life. I'm thankful for the food of this earth that nurtures life. I am especially thankful for the love of family and friends, without which there would be little happiness in life. I'm thankful for the beauty of the creation of this great earth. I'm thankful for everything in my life! I know all that surrounds me was drawn and created by God's hand.

I'm thankful that God allowed my path to cross with SMP. I've been a volunteer with this program since 2015. The SMP does an amazing job helping so many seniors. I have assisted SMP staff in the office with processing of mailing the SMP quarterly newsletter and other materials. I have hosted presentations at my church and other organizations.

I believe that SMP has an important message for seniors. I'm thankful that they trust me to share that message with my peers!