



September / October 2021  
Volume I / Issue 1  
[www.rsvpcenark.org](http://www.rsvpcenark.org)  
501-879-0793

**Mission**—to provide local seniors opportunities to share their experiences, abilities, skills & interests through volunteer community service  
HAVE YOU HEARD?....

RSVP of Central Arkansas has merged with AmeriCorps! We have a new logo too! We are excited about all the new things that are happening this year and one of them is our new RSVP volunteers newsletter! Starting this month we will offer this newsletter at our website, via email, or we will snail mail you a copy. Please let us know how you wish to receive it.

Additionally, we have updated our website...go check it out! The website address is listed above. We have a new Program Director and new Volunteer Coordinator! We have new reporting forms!

We have added several new Stations and new opportunities to volunteer! **We are on the move!!**

Here's our new logo...



Let's talk about volunteering for a moment...

Has it been awhile since you volunteered? Are you afraid to get out in public?

Don't think you can keep a steady commitment?

Let us encourage you to know...

Many volunteers **never stopped** their service even though we have been in the midst of a *pandemic*. RSVP Volunteers just **redirected** their services. Here are some ways that volunteering has continued...



Outdoor work to keep our communities beautiful!



Meal deliveries to shut-ins!



Calling friends and sending cards of encouragement!

The face of volunteering may be **different** but our volunteers **passion** remains the same! You control where you volunteer and how much time you want to give in service. Maybe you can only volunteer an hour or two every month. You might be someone who only wants to volunteer with your club or group. You may only want to volunteer for special events that only happen once a quarter or one time each year. You make the choice...

Call us for some brand new volunteer opportunities on the horizon... **501-897-0793**

***Together we all make a difference in the lives and communities we serve!***



**Our New RSVP Program Director**  
*Lisa Strain*

**RSVP STAFF MEMBERS  
IN CENTRAL ARKANSAS  
SERVICING 4 COUNTIES:**

**GARLAND, LONOKE,  
PULASKI, SALINE**



**Our New RSVP Vol Coordinator**  
*Dee Edwards*

**Here's a quick look at our new reporting form...**

**Simply complete & re-fold with our address in the center on the outside and mail... no envelope necessary!**

**(OUTSIDE)**

**RSVP of Central Arkansas**  
16117 HWY 365 S  
PO Box 127  
Wrightsville AR 72183  
Phone: 501-897-0793  
E-mail: lstrainrsvp@gmail.com

Insert Permit No. \_\_\_\_\_

*The miracle is not that we do this work...but we are happy to do it!*

**AmeriCorps Seniors** **FUTURE BUILDERS, INC.**

Place Stamp Here

RSVP of Central Arkansas  
PO Box 127  
Wrightsville AR 72183

To Return Report, fold on the dashed lines so the Stamp is on the outside. Our address will also appear in the center of this page.

**(INSIDE)**

RSVP MONTHLY TIME SHEET

(Please write the number of hours/minutes in the box and indicate HRS or MIN. After each type of service write the location on the line provided.)

**\*\*FOLD SO YOUR NAME IS ON THE INSIDE AND OUR ADDRESS IS ON THE OUTSIDE\*\***

<b>Environmental Stewardship:</b>	<b>Home Bound Services:</b>	<b>Other Services:</b>
Parks: _____	Grocery (Philap/Delany): _____	all time on the phone with RSVP: _____
Comm Beautification: _____	Transport DR Appointment: _____	Phone address with stamp on the outside: _____
Garden Club: _____	Meal Delivery: _____	
Master Gardeners: _____		
<b>Educational Services:</b>	<b>Nursing Home Program:</b>	
Mentor (children-age?): _____	Outside visitation: _____	
Tutor (children-age?): _____	Send a Card: _____	
Mentor Adult: _____	Bake-A-Cake: _____	
Tutor Adult: _____	Send Cookies/Cupcakes: _____	
Volunteer @ School: _____		
<b>Veteran's Program:</b>	<b>Pale Program:</b>	
VA Hospital: _____	Send a Card: _____	
Veteran's Helper: _____	Phone Call: _____	
<b>SAMP Program:</b>	<b>Community Services:</b>	
Office Helper: _____	Food Bank/Pantry: _____	
Presentation: _____	Scrap Kitchen/Save Meals: _____	
Distribution (in person?): _____	Churches/General: _____	
Email/Jacob: _____	Civic Clubs: _____	

## A note of thanks...

Even though you're not in the spotlight you are the backbone of our program. Please know that we could not accomplish what we do without YOU!! We are forever thankful for the time you have given us during these uncertain times. You always serve with energy and passion. You our RSVP volunteers have made an unforgettable difference!

# New Stations Coming!!



## NEVER STOP LEARNING

*Literacy tutors, and mentors needed...*

*Call us to sign up!*



Teaching to speak/read English as a second language to adults.



Teaching to speak/read English as a second language to children.



Teaching to read at many different levels.



*Happy Hearts Club*

Volunteers needed to contact residents in senior housing communities via email, cards, and letters. You may even bake a cake for a monthly resident birthday party! Call us for details!

## Chit-Chat Club



Pick up the phone and call or text someone. Let them know that they are not forgotten. Call us for more details. 501-897-0793.





*Celebrating 50 years of  
leading with experience.*



The South Central Region of AmeriCorps wishes a Happy 50<sup>th</sup> anniversary to RSVP volunteers, sponsors, stations, and supporters of RSVP! This week marks 50 years since the creation of AmeriCorps Seniors RSVP!

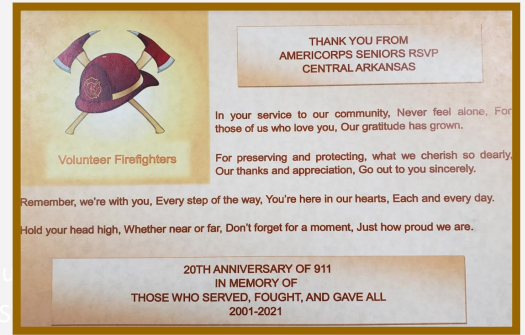
As we recognize this milestone, AmeriCorps wishes to thank the many millions of RSVP volunteers who have served and the thousands of organizations and project staff members who have sponsored the program since the program was created.

The 50<sup>th</sup> Anniversary marks the beginning of a year of celebrating projects that continue to empower older Americans to use their skills to solve problems in their communities!

We encourage you to retweet this celebratory post on [Twitter](#) or post on [Facebook](#), and share how AmeriCorps Seniors #GetThingsDone.



# Honoring Our Volunteer Firefighters 20th Anniversary of 911 THANK YOU!!!



RSVP volunteers presented a collectible coin to the fire fighters & a wall plaque was presented to each fire house.



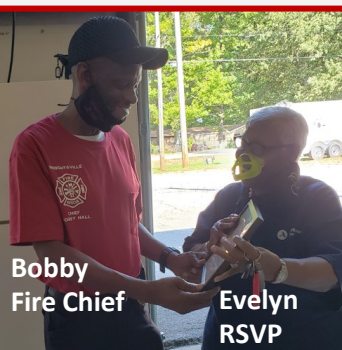
Special cookies were also made and other refreshments were provided at each event.



SALINE COUNTY



GARLAND COUNTY



LONGKE COUNTY

PULASKI COUNTY





# The Big 3 Warning Signs of a Scam



1

## Unsolicited

Calling, showing up, or emailing you when you didn't expect it

2

## Confirmation

Asking you to confirm or clarify your Medicare number

3

## Payment

Stating Medicare will pay or needing bank account numbers

**REPORT ALL SCAM CALLS TO THE  
AR SENIOR MEDICARE PATROL  
866-726-2916**

Medicare and other federal agencies will not contact you like this.  
If you get a call with any of these warning signs, hang up and report it to the AR SMP at 866-726-2916  
or email [Kathleen.Pursell@dhs.arkansas.gov](mailto:Kathleen.Pursell@dhs.arkansas.gov).

### RSVP of Central Arkansas

16117 HWY 365 S  
PO Box 127  
Wrightsville AR 72183

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Non-Profit Organization

U.S. Postage

PAID

Little Rock, AR

Permit # 199

