

**February 2019 Special Events**

		<b>One kind word can change someone's entire day!</b>		<b>1</b> 9:30 am <b>BINGO and Super Bowl Party</b> Sponsored by 
<b>4</b>  6:30 pm <b>Bingo</b> (Congregate Room)	<b>5</b>  12:30 pm <b>Grocery Shopping at Kroger</b>	<b>6</b> 9:00 am Card Making (Serenity Room)  9:00 am Nutrition with Holli Stop Food Poisoning (Conference Room)  9:45 am Art and Craft Shopping with Noma Limit 10 \$2	<b>7</b> 10:00 am <b>Bean Bag Baseball Scrimmage West Central (away)</b>	<b>8</b> 11:20 am <b>Trivia</b>
<b>11</b>  7:00 pm <b>Jam Session</b>	<b>12</b> 1:00 pm <b>Chronic Pain Self-Management Class #1</b>	<b>13</b> 9:00 am Blood Sugar and Blood Pressure Checks  12:30 pm <b>Grocery Shopping at Walmart</b>	<b>14</b> 10:00 am <b>Valentine's Day Party</b> 	<b>15</b> 9:30 am <b>BINGO</b> 
<b>18</b> <b>CLOSED for President's Day</b>	<b>19</b> 11:20 am <b>Medicare Minutes</b>  1:00 pm <b>Chronic Pain Self-Management Class #2</b>	<b>20</b> 9:00 am Card Making (Serenity Room)  9:00 am Nutrition with Holli Pulses on Your Plate (Conference Room)  12:30 pm <b>Grocery Shopping at Walmart</b>	<b>21</b> 10:00 am <b>Bean Bag Baseball Scrimmage Searcy (away)</b>	<b>22</b> 10:00 am <b>Bean Bag Baseball Scrimmage West Central (here)</b>  <b>Catfish Fryday</b> \$10 for guests or carryout 
<b>25</b>  7:00 pm <b>Jam Session</b>	<b>26</b> 1:00 pm <b>Chronic Pain Self-Management Class #3</b>	<b>27</b> 11:20 am <b>Trivia</b>  12:30 pm <b>Grocery Shopping at Edward's</b>	<b>28</b> <b>CLOSED for A Taste of New Orleans Fundraiser</b>	

**Weekly Class Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>9:30 am</b> Bible Study (Conference Room)  <b>9:30 am</b> Drums Alive (Safe Room)  <b>10:00 am</b> Bean Bag Baseball Practice (Congregate Room)  <b>10:45 am</b> PEPPI (Safe Room)  <b>1:00 pm</b> Coloring with Lori Rawlings (Conference Room)	<b>9:00 am</b> Coloring with Lori Rawlings (Conference Room)  <b>9:00 am</b> Tai-Chi (Safe Room)  <b>9:45 am</b> Zumba (Safe Room)  <b>10:30 am</b> Chair Volleyball Practice (Congregate Room)  <b>10:30 am</b> Seated Tai-Chi (Safe Room)  <b>1:00 pm</b> Art Class (Safe Room)  <b>7:00 pm</b> Dance (Congregate Room)	<b>9:30 am</b> Drums Alive (Safe Room)  <b>10:45 am</b> PEPPI (Safe Room)	<b>9:00 am</b> Painting with Noma (Conference Room)  <b>9:00 am</b> Tai-Chi (Safe Room)  <b>9:45 am</b> Zumba (Safe Room)  <b>10:30 am</b> Seated Tai-Chi (Safe Room)  <b>1:00 pm</b> Games (Lobby)  <b>1:00 pm</b> Line Dancing (Safe Room)	<b>9:00 am</b> Coloring with Lori Rawlings (Conference Room)  <b>10:30 am</b> Chair Volleyball Practice (Congregate Room)  <b>10:45 am</b> PEPPI (Safe Room)

**REMINDERS**

\$3.00 suggested donation for each meal. Any and all donations for meals, transportation, etc. are greatly appreciated. Money for activities is accepted between 8:00 am and 11:30 am only. If you have any questions about any activities on this calendar, please see Alison.

**Inclement Weather Policy:** Jacksonville Senior Wellness & Activity Center may be closed when Pulaski County Special School District (PCSSD) is closed due to inclement weather. Please check school closings as broadcast by any of the local TV and/or radio stations or our Facebook page.

**Join us for A Taste of New Orleans at the Jacksonville Community Center Thursday, February 28 at 6:00 pm. Tickets \$20**